### In case of an emergency



#### **EMERGENCY CALL INSTRUCTIONS**

If you notice an emergency situation that threatens someone's life, health or property or the environment, call the public emergency phone number **112** and also report your observation immediately to a Campus staff member. The Campus in-house security number is **040 7722 936** 

### WHEN YOU CALL THE EMERGENCY PHONE NUMBER

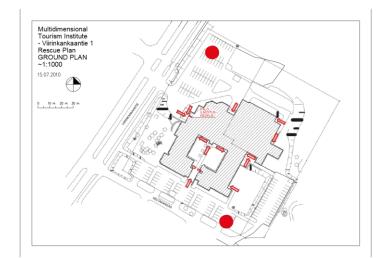
- give your name
- describe what has happened and where
- say if anyone is in danger
- answer the questions you are asked
- do not close your phone until you have been given permission to do so

If the emergency phone number is busy and you are put on a queue, wait without closing your phone

### **ADDRESS**

Multidimensional Tourism Institute Viirinkankaantie 1 96300 Rovaniemi

# Places of assemly in case of an accident (•):



### IMPORTANT CONTACT INFORMATION

Public emergency phone number 112 Police 112

Olice 112

Poison Information Centre 09 4711 Campus maintenance services 040 7722 936

### OTHER CONTACT INFORMTION

Rovaniemi Health Care Centre emergency number

- 016 322 4800 (8:00-22:00)
- 016 328 2100 (22:00-8:00)

University Chaplain

• 040 178 1018

Mental health assistance and help in crisis situations:

010 195 202 (The Finnish Association for Mental Health)

#### **BENEFICIAL LINKS**

- www.112.fi
- www.pelastustoimi.fi/turvatietoa (rescue services in Finland)
- www.redcross.fi
- · www.tukinet.fi (online crisis centre)
- www.thl.fi (National Institute for Health and Welfare)
- www.rikosuhripaivystys.fi (Victim support Finland)



# CAMPUS SECURITY GUIDE

Public emergency phone number **112** 

In case of an emergency, quickly call the public emergency phone number.

In-house security number:

040 7722 936

(during the opening hours of the institute)

This guide contains condensed basic instructions for dealing with various accidents and dangerous situations.

# Prevent dangerous situations

The purpose of this Security Guide is to enable everyone to act together correctly in situations that may be dangerous to people, property or buildings. The first prerequisite for daily security is to prevent dangers.

- Familiarise yourself carefully with instructions on what to do in case of an accident or dangerous situation.
- Familiarise yourself beforehand with exit routes and the location of fire extinguishing equipment. Maintain tidiness and order on the Campus. Keep you workplace tidy.
- Report any suspicious activity or persons to a senior attendant.
   Report any dangerous situations, lapses of security or faulty equipment to your superior/teacher or a senior attendant.
- Smoke only in designated places and put your cigarette out in an ashtray.
- Access cards and keys are personal and must not be given to anyone else. If you lose your access card or key, report the loss to a senior attendant immediately.
- Students are obligated to work under the supervision of the staff and follow instructions. Staff members must be familiar with their tasks.
- Take care of your personal belongings. Keep valuable belongings out of view.
- Do not discuss confidential matters in public; note that online communities are also public forums.
- Usernames and passwords are personal and must not be given to anyone else. If you cannot remember your user name or password or if you suspect any wrongdoing, contact computing support.
- Follow information security instructions.

### In case of a fire

**Rescue** anyone in danger immediately.

Warn others in the building and tell them to get out.

**Call 112.** Also call the Campus in-house security number, if possible. **Extinguish** the fire if you think it is possible. Do not, however, put yourself in danger.

**Limit** the spread of the fire by closing the doors and windows. **Guide** rescuers to the site.

Exit from the building using the shortest route possible. Go to the place of assembly (see map on back cover). Remember that you must not leave the place of assembly until permission is given to do so. Notice of a fire is given with a fire alarm bell, by PA announcements and shouting.

REMEMBER! POISONOUS GASES PRODUCES BY A FIRE POSE THE GREATEST DANGER!

# In case of an accident or attack of illness

**Rescue.** Assess the situation and rescue, if possible. Is the victim breathing; is his/her heart beating? In case of an electric shock, can you turn off the electricity?

**Call 112,** if necessary. Do not close you phone until you have been given permission to do so.

**Help.** Administer first aid if you know how. If necessary, ask for help from someone who knows how.

**Guide** rescuers to the site. Do not leave the patient alone.

# Going inside a building for cover

It may be necessary to go inside a building for cover in case of a radiation or gas leak or a threat of violence.

If it is not possible to exit from the building:

- Call the public emergency phone number and describe who you are, where you are and what has happened.
- Go into a protective room.
- Close the doors and windows.
- In case of a fire or gas leak, seal the cracks around the doors with clothing, for example, to prevent smoke from entering the room.
- Wait for instructions and help to arrive

# Instructions in case of theft or robbery

Remain calm, do not resist the thief. Do not try to be a hero. Make note of the thief's identifying features. Nothe the manner of escape and possible accomplices. Call for help as soon as it is possible to do so safely.

# If you meet a threatening person

- Remain calm
- Keep your distance from the threatening person. Do not turn your back to him/her.
- Call for help, if necessary. Try to call without the person noticing.

- Speak clearly and briefly; avoid staring. Act flexibly and matter-of-factly.
- Remain calm and try to win time so someone else would arrive on the scene.
- Do not underestimate the threatening person or situation.
- Avoid quick movements.
- Do not allow yourself to be provoked; do not provoke the person.
- If the situation gets violent, call 112. Rescue anyone in danger, warn others and seek cover.
- Do not try to be a hero.

# If you receive a threatening call

- Remain calm. Attract other people's attention, for example by writing on a piece of paper.
- Make note of the caller: gende, dialect, peaceful/nervous, etc.
- Try to find out what, where and when.
- Remember what you heard and write it down.
- Immediately report the matter to the police via 112 and to a senior attendant.

## THE FOLLOWING RESCUE SIGNS AND OTHER SIGNS ARE POSTED IN THE BUILDING:

### **EXIT ROUTE SIGNS**







Exit route to the right

Exit route to the left

Exit door

### FIREFIGHTING SIGNS







Fire extinguisher

Fire hydrant

Arrow indicating the direction to fire extinguishing and alarm equipment